

Changes in the Plasma Histamine Concentration after the Administration of Vecuronium Bromide

Hiromasa MITSUHATA, Shigeru MATSUMOTO, Keiji ENZAN*,
Masaya YABE and Hiromichi TERADA

Clinical symptoms of anaphylactoid reaction to muscle relaxants vary from localized flush to cardiovascular collapse. Vecuronium bromide is reported to have very little histamine releasing property. However, there are some reports of anaphylaxis or anaphylactoid reaction to vecuronium. We studied plasma histamine concentration after the intravenous injection of vecuronium to confirm the histamine release. Twenty patients were randomly allocated to one of two groups, each group comprising of 10 patients: one group was to receive vecuronium $0.1 \text{ mg}\cdot\text{kg}^{-1}$ and the other $0.2 \text{ mg}\cdot\text{kg}^{-1}$ using the priming principle. Blood samples were taken prior to and 1, 3, 5, 8 and 13 min after the administration of vecuronium. The plasma histamine concentration was measured by radioimmunoassay with monoclonal antibody.

There were no significant changes in plasma histamine concentration over 13 min after the administration of vecuronium compared with the baseline value. There were also no significant differences between these two groups. We concluded that vecuronium up to $0.2 \text{ mg}\cdot\text{kg}^{-1}$ did not change the plasma histamine concentration in the patients having no previous history of allergy or atopic tendencies. (Key words: vecuronium, histamine, priming principle, radioimmunoassay)

(Mitsuata H, Matsumoto S, Enzan K, et al.: Changes in the plasma histamine concentration after the administration of vecuronium bromide. *J Anesth* 5: 24-29, 1991)

Some anesthetics and muscle relaxants may cause anaphylaxis or anaphylactoid reaction. Clinical symptoms of anaphylactoid reaction to muscle relaxants vary from localized skin flush to cardiovascular collapse. Fisher et al.¹ state that the life-threatening anaphylactoid reactions to muscle relaxants occur more commonly than has previously been suspected, and that the mechanism is different from direct histamine release and

type I hypersensitivity. It is known that d-tubocurarine has a direct histamine releasing property, and other commonly used relaxants also have more or less histamine releasing ability².

It is reported that vecuronium has very little histamine releasing property with intradermal test. Some authors recommend vecuronium as the relaxant of choice to the patients being atopic, asthmatic or with allergic tendency^{3,4}. However some observations of systemic histaminoid reaction following vecuronium administration have been reported⁵⁻⁸. Durrani et al.⁷ recommend accordingly the routine use of a priming dose as a predictive test of histamine release. Therefore, we investigated the plasma his-

Department of Anesthesiology, Hiraka General Hospital, Akita, Japan

**Department of Anesthesiology, Akita University School of Medicine, Akita, Japan*

Address reprint requests to Dr. Mitsuata: Department of Anesthesiology, Hiraka General Hospital, 1-30 Ekimae-cho, Yokote, Akita 013 Japan

Table 1. Clinical characteristics of the patients

	0.1 mg·kg ⁻¹ vecuronium group	0.2 mg·kg ⁻¹ vecuronium group
Age (yrs)	56.3 ± 12.2	50.5 ± 13.8
Sex ratio (male/female)	7/3	5/5
Weight (kg)	59.4 ± 5.8	52.2 ± 8.0

Values represent the mean ± SD.

tamine concentration after the intravenous administration of vecuronium to confirm the histamine releasing property instead of studying the skin reaction.

Subjects and Methods

We selected 20 patients (ASA physical status class I-II) with no previous history of allergy or atopy, scheduled for the elective surgical procedures. Their clinical characteristics are shown in table 1. The protocol of this study was approved by Institutional Ethics Committee on clinical

investigations. All patients were premedicated with hydroxyzine 1.5 mg·kg⁻¹ and atropine sulfate 0.5 mg one hour preoperatively and were randomly allocated to one of two groups. Each group comprising of 10 patients: the first group was given vecuronium 0.1 mg·kg⁻¹ (1.7 ED₉₅) and the second group 0.2 mg·kg⁻¹ (3.5 ED₉₅). Vecuronium was administered according to the priming principle reported by Schwarz et al.¹⁰ All the patients were given 6 mg·kg⁻¹ of thiopental sodium intravenously 1 min after the administration of 1 mg of vecuronium as a priming dose. The rest of the remaining dose from the total dose 0.1 mg·kg⁻¹ or 0.2 mg·kg⁻¹ in each group, was given 3 min after the administration of the priming dose. The patients were ventilated with oxygen and given only thiopental sodium over 5 min after the administration of the intubating dose of vecuronium. Thereafter enflurane was given as needed. After the administration of the priming dose of vecuronium, blood pressure and heart rate were monitored and the skin on face, trunk and limbs was observed

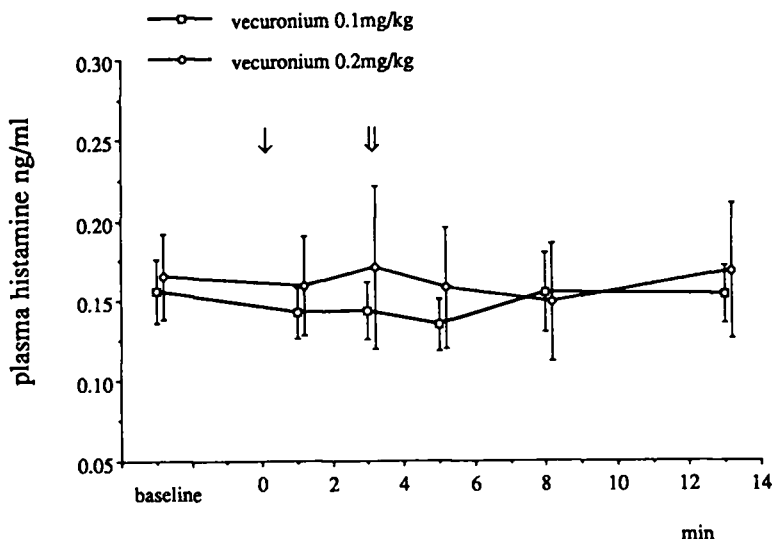


Fig. 1. Changes in plasma histamine concentration before and after the administration of 0.1 mg·kg⁻¹ and 0.2 mg·kg⁻¹ vecuronium bromide.

Values represent the mean ± SE. Arrow denotes the administration of 1 mg vecuronium as a priming dose. Wide arrow denotes the administration of 0.1 mg·kg⁻¹ or 0.2 mg·kg⁻¹ of vecuronium as an intubating dose.

Table 2. Histamine concentration ($\text{ng}\cdot\text{ml}^{-1}$) before and after the administration of vecuronium

	histamine concentration ($\text{ng}\cdot\text{ml}^{-1}$)					
	baseline	1 min	3 min	5 min	8 min	13 min
0.1 $\text{mg}\cdot\text{kg}^{-1}$ vecuronium group	0.156 ± 0.020 (0)	0.142 ± 0.016 (-3.7 \pm 9.3)	0.143 ± 0.003 (-6.6 \pm 5.9)	0.134 ± 0.016 (-12.8 \pm 4.0)	0.154 ± 0.025 (-1.4 \pm 7.4)	0.152 ± 0.018 (2.1 \pm 8.8)
0.2 $\text{mg}\cdot\text{kg}^{-1}$ vecuronium group	0.165 ± 0.027 (0)	0.159 ± 0.031 (-0.6 \pm 9.0)	0.170 ± 0.051 (-0.3 \pm 16.3)	0.157 ± 0.038 (-8.5 \pm 9.9)	0.148 ± 0.037 (-10.1 \pm 12.2)	0.167 ± 0.042 (-1.0 \pm 12.5)

Values represent the mean \pm SE. Values in parenthesis represent per cent changes from baseline.

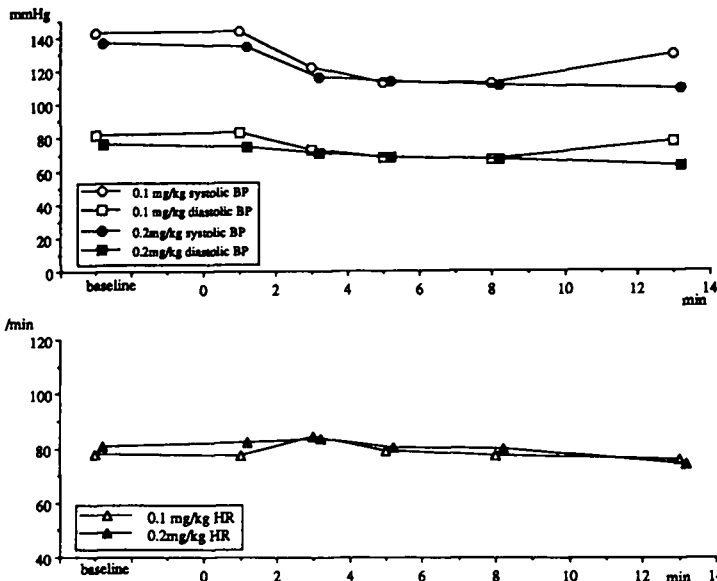


Fig. 2. Changes of systolic and diastolic blood pressures, and heart rate before and after the administration of 0.1 $\text{mg}\cdot\text{kg}^{-1}$ and 0.2 $\text{mg}\cdot\text{kg}^{-1}$ vecuronium bromide.

Values represent the mean \pm SE.

for the flush for 13 min.

The venous blood samples were taken slowly with a plastic syringe through the 16G argyle Medicut catheter[®], placed in femoral vein, prior to the injection of the priming dose, and 1, 3, 5, 8, and 13 min thereafter. Blood was immediately transferred into an iced tube containing ethylenediamine-tetraacetic acid (EDTA 2Na) and centrifuged at 1-4°C within 20 min for 5 min. Plasma was separated and stored at -80°C until assay was performed. Plasma histamine concentration was measured with radioimmunoassay using HISTAMINE RADIOIMMUNOASSAY KIT[®] (Immunotech S.A. Marseille, France, Eiken, Tokyo).

Data are expressed as the mean \pm SE.

The statistical analysis was performed using one-way analysis of variance, Wilcoxon single rank test, and Mann-Whitney U test, with a *P* values of < 0.05 considered statistically significant.

Results

The baseline value of plasma histamine was $0.16 \pm 0.02 \text{ ng}\cdot\text{ml}^{-1}$ in the first group, and $0.17 \pm 0.03 \text{ ng}\cdot\text{ml}^{-1}$ in the second group. There were no significant changes in plasma histamine concentration over 13 min after the administration of the priming dose, namely, the variation from the baseline level was from $-12.8 \pm 4.0\%$ to $+2.1 \pm 8.8\%$ in the first group, and from $-10.1 \pm 12.2\%$ to $-1.0 \pm 12.5\%$ in the second group. There

were also no significant differences between the two groups (table 2).

The blood pressure and heart rate did not change significantly in either group compared with the baseline value, although the systolic pressure slightly decreased after the administration of thiopental sodium (fig. 2). None of the patients showed skin flush in either group.

Discussion

It is stated that histamine is easily liberated from the white blood cells, if sampling, transportation and storage is improperly performed¹¹. Therefore, we took blood samples from large vein through 16G indwelling catheter, and handled them very carefully to exclude any errors. In this study, plasma histamine was measured by radioimmunoassay with monoclonal antibody against N-methylhistamine, which is more sensitive than the radioenzymatic analysis, which was frequently used in many previous reports on plasma histamine after the vecuronium administration. The sensitivity of latter method is $0.1 \text{ ng}\cdot\text{ml}^{-1}$ histamine¹².

Histamine concentration obtained from 20 patients in this study was $0.16 \pm 0.01 \text{ ng}\cdot\text{ml}^{-1}$, which corresponds to the previously reported value of 0.05 to $0.2 \text{ ng}\cdot\text{ml}^{-1}$ ¹³. Our results revealed that vecuronium did not induce direct histamine release either after the administration of 1 mg vecuronium as a priming dose, or after the administration of a full dose in either group. The administration of vecuronium *in vivo*¹⁴⁻¹⁶ and *in vitro*¹⁷ has revealed no change in histamine concentration measured by radioenzymatic analysis, it is obvious that vecuronium up to 3.5 times of ED₉₅ ($0.2 \text{ mg}\cdot\text{kg}^{-1}$) dose not release histamine. The maximal histamine level in this study ($0.33 \text{ ng}\cdot\text{ml}^{-1}$) was quite low compared with the level which causes symptoms, that is $1.61 \pm 0.30 \text{ ng}\cdot\text{ml}^{-1}$ ¹⁸. Consequently, we consider that vecuronium up to 3.5 times of ED₉₅ can be used safely in patients with no history of allergy or previous reaction to muscle relaxants.

Since halothane is reported to reduce d-tubocurarine-induced histamine release in

*vitro*¹⁹, no inhalational anesthetic was used during this study. All the patients were premedicated with hydroxyzine, which is not considered to alter the plasma histamine level, because it binds to H₁-type receptors and does not inhibit the release of histamine.

In this study, the plasma histamine concentration did not change significantly after the administration of vecuronium in the priming principle to the patients with no previous history of allergy or atopic tendency. The histaminoid reaction due to administration of some muscle relaxants is stated to occur mainly in the patients with history of allergy. However, Lavery et al.⁵ reported a systemic histaminoid reaction with erythema on face and entire trunk, and hypotension in a 40-years-old female with no history of allergy. Clayton et al.⁶ also reported the similar erythema over arms and trunk after the vecuronium administration in a 7-year-old boy with atopic tendency. They confirmed that this cutaneous reaction was due to the direct histamine release. Durrani et al.⁷ reported a patient with breathing difficulty accompanied by no clinical symptoms of bronchospasm 7 min after the administration of priming dose of 1 mg of vecuronium. This patient has no previous history of allergy or reaction to any other intravenous anesthetics. O'Callaghan⁸ has reported the bronchospasm, which occurred in a patient with no evidence of direct histamine release or IgE-mediated reaction. The observations of anaphylaxis following vecuronium administration have been also reported²⁰. Therefore, vecuronium should be given very carefully not only to the patients with history of allergy, but also to the patients with no previous history of allergy. It is also worth mentioning that the patients with previous allergic reaction to other muscle relaxants have some possibilities of cross-reactivity to vecuronium²¹.

Premedication with H₁ and H₂ antagonist is recommended to the patients considered to be sensitive to non-depolarizing muscle relaxants⁸. Hydroxyzine, which is commonly used as a sedative in premedication, is reported to raise significantly the threshold for

histamine-induced tachycardia¹⁸. Moreover, the combined use of H₁ and H₂ antagonist significantly raised the histamine dose to elicit the responses during sequential infusion of histamine in volunteers¹⁸. Because there are some possibilities for anaphylaxis or anaphylactoid reaction to occur following the administration of muscle relaxants in any patients, the preanesthetic medication with hydroxyzine is recommended when the administration of non-depolarizing muscle relaxants was anticipated.

In summary, we measured the plasma concentration of histamine following the administration of vecuronium in the priming principle in the patients with no previous history of allergy or atopic tendency. There were no significant change in plasma concentration of histamine, and no clinical allergic reaction such as hypotension and skin flush was observed. The effects of vecuronium on the patients having history of allergy or atopy can not be concluded from this study, and remained to be clarified.

(Received Mar. 22, 1990, accepted for publication Jul. 18, 1990)

References

1. Fisher MM, Munro I: Life-threatening anaphylactoid reactions to muscle relaxants. *Anesth Analg* 62:559-564, 1983
2. Galletly DC: Comparative cutaneous histamine release by neuromuscular blocking agents. *Anaesth Intens Care* 14:365-369, 1986
3. Booiij LHDJ, Krieg N, Crul JF: Intradermal histamine releasing effect caused by Org-NC 45. *Acta Anaesthesiol Scand* 24:393-394, 1980
4. Robertson EN, Booiij HDJ, Fragen RJ, Crul JF: Intradermal histamine release by 3 muscle relaxants. *Acta Anaesthesiol Scand* 27:203-205, 1983
5. Lavery GG, Hewitt AJ, Kenny NT: Possible histamine release after vecuronium. *Anaesthesia* 40:389-390, 1985
6. Clayton DG, Watkins J: Histamine release with vecuronium. *Anesthesia* 39:1143-1144, 1984
7. Durrani Z, O'Hara J: Histaminoid reaction from vecuronium priming: A case report. *Anesthesiology* 67:130-132, 1987
8. O'Callaghan AC, Scadding G, Watkins J: Bronchospasm following the use of vecuronium. *Anaesthesia* 41:940-942, 1986
9. McBride P, Bradley D, Kaliner M: Evaluation of radioimmunoassay for histamine measurement in biologic fluids. *J Allergy Clin Immunol* 82:638-646, 1988
10. Schwarz S, Ilias W, Lacker F, Maryhofer O, Foldes FF: Rapid tracheal intubation with vecuronium: The priming principle. *Anesthesiology* 62:388-391, 1985
11. Watkins J: Tests in vivo and in vitro of hypersensitivity response, *Guide to immediate anaesthetic reactions*. Edited by Watkins, J, Levy, CJ. London, Butterworths, 1988, pp. 101-115
12. McBride P, Bradley D, Kaliner M: Evaluation of a radioimmunoassay for histamine measurement in biologic fluids. *J. Allergy Clin Immunol* 82:638-646, 1988
13. Holgate ST, Robinson C, Church MK: Mediators of immediate hypersensitivity, *Allergy: Principles and practice*. Edited by Middleton, E, Reed, CE, Ellis, EF, Adkinson, NF, Yunginger, JW. ST. Louis, C.V. Mosby, 1988, pp. 135-163
14. Basta SJ, Savarreses JJ, Ali HH, Sunder N, Moss J, Gionfriddo M, Embree P: Vecuronium does not alter serum histamine within the clinical dose range. *Anesthesiology* 59:A273, 1983
15. Goudsouzian NG, Young ET, Moss J, Liu LMP: Histamine release during the administration of atracurium or vecuronium in children. *Br J Anaesth* 58:1229-1233, 1986
16. Cannon JE, Fahey MR: Large doses of vecuronium and plasma histamine concentration. *Can J Anaesth* 35:350-363, 1988
17. North FC, Kettelkamp N, Hirshman CA: Comparison of cutaneous and in vitro histamine release by muscle relaxants. *Anesthesiology* 66:543-546, 1987
18. Kaliner M, Shelhamer JH, Ottesen EA: Effects of infused histamine: correlation of plasma histamine levels and symptoms. *J Allergy Clin Immunol* 69:283-289, 1982
19. Kettelkamp NS, Austin DR, Downes H, Cheek DBC, Hirshman CA: Inhibition of d-tubocurarine-induced histamine release by halothane. *Anesthesiology* 66:666-669, 1987
20. Moneret-Vautrin DA, Laxenaire MC, Mouton C: Anaphylaxie croisée avec le vecuronium. *Ann Fr Anesth Réanim* 3:467, 1984

21. Harle DG, Baldo BA, Fisher MM: Cross-reactivity of metocurine, atracurium, vecuronium and fazadinium with IgE antibodies from patients unexposed to these drugs but allergic to other myoneural blocking drugs. *Br J Anaesth* 57:1073-1076, 1985